

# CRESTVIEW SWIMMERS RECORD

Name: \_\_\_\_\_

AGE GROUP: 18 AND UNDER GIRLS

	at SHELLCREST (Y)	at LANE (M)	vs GRAYLYN (Y)	vs SILVERSIDE (Y)	vs DEL VETS (Y)	at GREEN ACRES (M)
<b>100 Freestyle</b>						
<b>50 Backstroke</b>						
<b>50 Breastroke</b>						
<b>50 Butterfly</b>						
<b>100 IM</b>						

## NBSL Championships Qualifying Times\*

	YARDS	METERS
<b>100 Freestyle</b>	1:04	1:15
<b>50 Backstroke</b>	36.0	40.0
<b>50 Breastroke</b>	39.6	44.0
<b>50 Butterfly</b>	31.5	35.0
<b>100 IM</b>	1:15	1:28

TIMES WILL BE ON YOUR SWIMMERS RIBBONS OR YOU MAY EMAIL ANN TO GET THEM IF YOU MISS A COUPLE



PLEASE FEEL FREE TO KEEP TRACK OF YOUR SWIMMERS TIMES SO THAT YOU CAN SEE THE IMPROVEMENT.

\*18 & UNDER SWIMMERS SWIM ONLY AT CHAMPIONSHIPS AND A QUALIFYING TIME IS NOT REQUIRED. HOWEVER, THE TIMES PROVIDED ARE BASED ON PAST RESULTS FOR THE MAJORITY OF THE 18 AND UNDER SWIMMERS AND THEY SHOULD BE USED AS A RECOMMENDED GUIDELINE WHEN ENTERING AN EVENT AT CHAMPIONSHIPS.